Diocese of Shreveport Child Nutrition Program
Lunch Menu 2022-2023

Check out our new school lunch menu options! 4 YES, 4 main entrée menu options offered daily! *Plus, Charcuterie Boxes* and Chef Salads are offered as a complete meal, just grab a milk!

**** NEW! Charcuterie LUNCH Boxes* for grades K-8th may include Pepperoni, Egg, Ham, Turkey, or Cheese along with Fresh Fruit, Veggies and Crackers.**

Monday	Tuesday	Wednesday	Thursday	Friday
Char-Broiled Hamburger **Turkey Sandwich** **Yogurt Cup w/ Graham Crackers** Tater Tots Fresh Broccoli Florets Sweet Chilled Peaches Milk	**Spaghetti & Meat Sauce** **Popcorn Chicken** **Yogurt Cup w/ Graham Crackers** Fresh Baby Carrots Seasoned Green Beans Classic Applesauce Homemade Yeast Roll Milk	**Chicken & Waffles w/ Syrup** **Breakfast Pancake Sausage Stick w/ Syrup** **Yogurt Cup w/ Graham Crackers** Hashbrown Potatoes Peas & Carrots Pineapple Tidbits Milk	**Pizza Hut Pizza** **Yogurt Cup w/ Graham Crackers** Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Rice & Gravy Milk	**Grilled Chicken Sandwich** **Fish Nuggets** **Yogurt Cup w/ Graham Crackers** Red Beans & Rice Sweet Corn Sweet Chilled Pears Royal Brownie Milk
Sloppy Joe Sandwich **Popcorn Chicken** **Yogurt Cup w/ Graham Crackers** Sweet Buttered Carrots Oven Crisp French Fries Sweet Chilled Peaches Mac & Cheese Milk	**Fiesta Tacos (K-8)** **Mini Corn Dogs (Pre-K-8)** **Yogurt Cup w/ Graham Crackers** Sweet Corn Refried Beans Classic Applesauce Cinnamon Roll Milk	**Oven Baked Chicken (K-8)** **Chicken Nuggets (Pre-K-8)** **Yogurt Cup w/ Graham Crackers** Creamy Whipped Potatoes Sauteed Mixed Greens Fruit Cocktail w/ Jell-O Cornbread w/Syrup Milk	**Pizza Hut Pizza** **Yogurt Cup w/ Graham Crackers** English Sweet Peas Fresh Cucumber Sticks w/ Ranch Dressing Fresh Seasonal Fruit Rice & Gravy Milk	**Grilled Cheese Sandwich** **Grilled Ham & Cheese Sandwich or Fish Filet Sandwich** **Yogurt Cup w/ Graham Crackers** Tomato Soup Fresh Broccoli Florets w/ Ranch Dressing Sweet Sliced Pears Milk
Midway Corndog **Chicken Nuggets** **Yogurt Cup w/ Graham Crackers** Tater Tots Steamed Broccoli Sweet Chilled Peaches Sugar Cookie Milk	**Hamburger Mac & Cheese** **Popcorn Chicken** **Yogurt Cup w/ Graham Crackers** Fresh Baby Carrots Seasoned Green Beans Classic Applesauce Homemade Yeast Roll Milk	**French Toast & Sausage w/ Syrup** **Breakfast Pancake Sausage Stick w/ Syrup** **Yogurt Cup w/ Graham Crackers** Hashbrown Potatoes Peas & Carrots Pineapple Tidbits Milk	**Pizza Hut Pizza** **Yogurt Cup w/ Graham Crackers** Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Rice & Gravy Milk	**Ballpark Chili Fritos** **Hot Dog w/Chili or Cheese** **Yogurt Cup w/ Graham Crackers** Best Baked Beans Oven Crisp French Fries Sweet Sliced Pears Mac & Cheese Milk

Menus are subject to change based on delivery of products.

Pre-K students receive all food item listed with portion sizes according to age. Students in grades K-8th must choose at least 3 of 5 meal components offered daily (protein, grain, vegetable, fruit, and milk) and 1 component must be a fruit or a vegetable.

Chef Salads offered daily upon request only and may include Egg, Chicken Strips, Ham, or Turkey.

2022-2023 Meal Prices

Student	$3.50
Adult/Visitor	$5.00

2nd Servings

Main Dish	$1.50
Veggie or Fruit	$0.75
Breads	$0.50
Milk	$0.75

Smart Snacks are available at additional cost. Monthly Menus and all prices are posted online and in school cafeterias.

Daily Options:

- **Fat Free condiments** may include: Ranch, Italian, Honey Mustard Dressings, and Ketchup.
- **Milk Choices** include: Fat-Free Chocolate Milk and 1% White Milk.
- **Whole Grains**: 80% of all grain items are Whole Grain Rich.
- **Extra Sales *USDA Approved Smart Snacks*** options offered daily may include: 100% Fruit Juices, variety of Baked Chips, and low-fat and/or sugar-free Frozen Juices or Ice Creams.
- **Please sign up for FREE to monitor and maintain your child's meal account at www.myschoolbucks.com**
- **For more information, please contact the Diocese of Shreveport Office of Child Nutrition at (318) 219-7297, or go to http://www.dioshpt.org/ministries/catholic-schools/school-nutrition-program/**

This institution is an equal opportunity provider.